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SOUTH AFRICAN QUALIFICATIONS AUTHORITY

SAQA US ID	UNIT STANDARD TITLE			
14656	Demonstrate an understanding of sexuality and sexually transmitted infections including HIV/AIDS			
ORIGINATOR				
SGB Life Skills				
PRIMARY OR DELEGATED QA BODY				
HW SETA - Health and Welfare Sector Education and Training Authority				
FIELD			SUBFIELD	
Field 07 - Human and Social Studies			People/Human-Centred Development	
ABET BAND	UNIT STANDARD TYPE	PRE-2009 NQF LEVEL	NQF LEVEL	CREDITS
ABET Level 4	Regular-Fundamental	Level 1	NQF Level 01	5
REGISTRATION STATUS		REGISTRATION START DATE	REGISTRATION END DATE	SAQA DECISION NUMBER
Reregistered		2015-07-01	2018-06-30	SAQA 10105/14
LAST DATE FOR ENROLMENT		LAST DATE FOR ACHIEVEMENT		
2019-06-30		2022-06-30		

In all of the tables in this document, both the pre-2009 NQF Level and the NQF Level is shown. In the text (purpose statements, qualification rules, etc), any references to NQF Levels are to the pre-2009 levels unless specifically stated otherwise.

This unit standard replaces:

US ID	Unit Standard Title	Pre-2009 NQF Level	NQF Level	Credits	Replacement Status
7497	Explain human physical development and sexuality	Level 1	NQF Level 01	2	Complete

PURPOSE OF THE UNIT STANDARD

This Unit Standard is for any learner who needs to demonstrate an understanding of sexuality and sexually transmitted infections (STIs), including HIV/AIDS, and the impact of these infections on oneself, as well as in the workplace and society. It is also aimed at encouraging a healthy lifestyle.

A learner credited with this unit standard is able to:

- Demonstrate an understanding of sexuality.
- Demonstrate an understanding of the nature, transmission and prevention of sexually transmitted infections including HIV/AIDS.
- Describe means to cope and deal with sexually transmitted infections including HIV/AIDS.
- Describe human rights of individuals living with HIV/AIDS and other sexually transmitted infections.

This Unit Standard is intended for any person, from all backgrounds within South African society. It may be used as a core or elective within a GETC or any vocationally based qualification.

The Unit Standard will help to contribute to the full development of the learner through his/her understanding of sexuality and other sexually transmitted infections and the impact on the social and economic transformation within South Africa.

LEARNING ASSUMED TO BE IN PLACE AND RECOGNITION OF PRIOR LEARNING

Open

UNIT STANDARD RANGE

Sexually transmitted infections (STIs) may include, but are not limited to, herpes, gonorrhoea and syphilis. These

infections are also known as sexually transmitted diseases (STDs).

Specific Outcomes and Assessment Criteria:

SPECIFIC OUTCOME 1

Demonstrate an understanding of sexuality.

ASSESSMENT CRITERIA

ASSESSMENT CRITERION 1

1. Different sexual orientations and preferences are identified with reference to community values and perceptions and attitudes towards these.

ASSESSMENT CRITERION RANGE

Sexual orientation and preferences may include heterosexual, homosexual, bisexual and transsexual.

ASSESSMENT CRITERION 2

2. Rights and responsibilities in protecting sexuality are identified with reference to the South African Constitution.

SPECIFIC OUTCOME 2

Demonstrate an understanding of sexually transmitted infections including HIV/AIDS.

OUTCOME NOTES

Demonstrate an understanding of the nature, transmission and prevention of sexually transmitted infections including HIV/AIDS.

ASSESSMENT CRITERIA

ASSESSMENT CRITERION 1

1. The terms "STIs", "STDs", "HIV", "AIDS" are explained at a basic level of understanding.

ASSESSMENT CRITERION 2

2. The nature and symptoms of sexually transmitted infections including HIV/AIDS is explained according to possible ways of infection.

ASSESSMENT CRITERION 3

3. Risk taking behaviours are explained, and preventive methods and practices regarding the transmission routes of sexually transmitted infections, including HIV/AIDS, are explained.

ASSESSMENT CRITERION RANGE

Risk taking behaviour includes intravenous drug use, sexual practices and blood spills. Preventative methods and practices refer to recognisable and available guides to safe sex practices and other health-related information.

ASSESSMENT CRITERION 4

4. The role of sexually transmitted infections in the transmission of HIV is described, and an indication is given of how untreated STIs greatly increase the risk of transmission.

ASSESSMENT CRITERION 5

5. The ways in which mother to child transmission can occur are listed and the implications of pregnant women having unprotected sex are indicated for both the mother and the unborn child.

ASSESSMENT CRITERION 6

6. Interpersonal skills that help to reduce the risk of sexually transmitted infections, including HIV infection, are demonstrated in terms of assertive communication, negotiation and decision-making.

ASSESSMENT CRITERION 7

7. The importance of pre and post-test counselling is explained and the implications of HIV testing for an individual are discussed in terms of making a personal decision to take an AIDS test.

ASSESSMENT CRITERION 8

8. The importance of lifestyle changes to boost the immune system are discussed, with reference to diet and stress management.

SPECIFIC OUTCOME 3

Describe means to cope and deal with sexually transmitted infections including HIV/AIDS.

ASSESSMENT CRITERIA

ASSESSMENT CRITERION 1

1. Living with HIV/AIDS and other sexually transmitted is explained with reference to the impact on the infected and the affected individuals within the context of self, family, community, workplace and society.

ASSESSMENT CRITERION 2

2. Support towards people living with HIV/AIDS and sexually transmitted infections is described to determine the social support systems for the infected and the affected.

ASSESSMENT CRITERION 3

3. Available treatments for people living with HIV/AIDS and sexually transmitted infections are listed referring to current and available medical, herbal treatments and other legal and safe practices.

ASSESSMENT CRITERION 4

4. The benefits of an organisation's HIV/AIDS policy are discussed with reference to the reduction of prejudice and discrimination against infected persons, and the removal of stigma from the disease.

SPECIFIC OUTCOME 4

Describe human rights of individuals living with HIV/AIDS and sexually transmitted infections.

ASSESSMENT CRITERIA

ASSESSMENT CRITERION 1

1. The rights and responsibilities of the infected and affected are identified according to the Constitution and Acts that protect these rights.

ASSESSMENT CRITERION 2

2. Violation of human rights of the infected and the affected are examined according to beliefs and attitudes towards sexually transmitted infections in the workplace and society.

ASSESSMENT CRITERION RANGE

This includes religious and cultural beliefs.

UNIT STANDARD ACCREDITATION AND MODERATION OPTIONS

Assessment of this Unit Standard should be contextual and practical as far as possible.

- Assessors must be registered assessors with the appropriate ETQA.
- Assessors, accredited by the appropriate ETQA, will assess a learner's competency.
- Moderators must be registered as assessors with the appropriate ETQA, or with an ETQA that has a Memorandum of Understanding with the appropriate ETQA.
- Moderation should include both internal and external moderation where applicable.
- Training providers must be accredited by the appropriate ETQA.
- Accreditation and moderation mechanisms and requirements must meet the requirements of SAQA ensuring that the processes that are followed are transparent, affordable and support the development of the NQF.

UNIT STANDARD ESSENTIAL EMBEDDED KNOWLEDGE

N/A

UNIT STANDARD DEVELOPMENTAL OUTCOME

The following developmental outcomes are addressed in this Unit Standard.

1. The learner is able to explore a variety of strategies to learn more effectively by identifying ways of educational opportunities to learn about the impact of HIV/AIDS and sexually transmitted infections.
2. The learner is able to participate as a responsible citizen in community life when determining his/her role and contribution in the society and the workplace regarding beliefs and attitudes towards HIV/AIDS sexually transmitted infections.
3. The learner is able to be culturally and aesthetically sensitive when discussing issues related to safe sex and the transmission of HIV/AIDS and sexually transmitted infections.

UNIT STANDARD LINKAGES

N/A

Critical Cross-field Outcomes (CCFO):

UNIT STANDARD CCFO IDENTIFYING

The learner is able to identify and solve problems by discussing the consequences of people living with HIV/AIDS in relation to affected people within family, community and society.

UNIT STANDARD CCFO COLLECTING

The learner is able to understand the nature and transmission of HIV/AIDS and sexually transmitted infections.

UNIT STANDARD CCFO COMMUNICATING

The learner is able to communicate effectively by using verbal or non-verbal communication methods.

UNIT STANDARD CCFO DEMONSTRATING

The learner is able to demonstrate an understanding of the effect of the HIV/AIDS and sexually transmitted infections on the society.

UNIT STANDARD CCFO CONTRIBUTING

The learner is able to contribute to his/her full personal development by understanding the need for, and the means to engage in safe sex.

UNIT STANDARD NOTES

This unit standard replaces unit standard 7497 which was "Explain human physical development and sexuality", 2 credits ABET Level 4.

Terminology:

STI - Sexually Transmitted Infection

STD - Sexually Transmitted Disease

HIV - Human Immuno Virus

AIDS - Acquired Immune Deficiency Syndrome